

Leamington Athletics Academy

Coach Code of Conduct

Wednesday 30th October 2025

As a coach, you hold a vital role in shaping the development of athletics and impacting the lives of your athletes. Your position of trust in this sport requires an understanding of your responsibilities, with an emphasis on promoting participation for fun and enjoyment.

As a coach, you are expected to:

- Maintain valid and appropriate qualifications and DBS
- Design and deliver activities that are appropriate to the age, ability and experience of the participants.
- Never be one-on-one with any member of LAA under the age of 18, and coaches should take proactive measures to ensure this.

For Example, Male members of the LAA Team use a cubical.

- Adhere to Health and Safety Guidelines
- Always follow LAA's procedures and policies.
- Report all incidents, concerns, or disclosures following policies and procedures immediately.
- Provide timely notice if you are unable to attend a session you are scheduled to do, ensuring suitable cover is arranged.
- Arrive at least ten minutes before the session commences.
- Not engage in behaviour that could be viewed as inappropriate.
- Dress appropriately for the environment.
- Not consume alcohol or any substances before or during sessions, events and LAA-related activities.
- Report all rule violations, safeguarding concerns and misconduct to the welfare officer immediately.
- Not be discriminatory.
- Always consider the safety and well-being of athletes.
- Treat everyone equally
- Respect the rights and worth of every athlete and treat everyone the same regardless of ability or background.
- Never exert pressure on athletes for personal gain.

- Respect the right of LAA members to have an independent life outside of athletics.
- Help athletes appreciate their progress, emphasising the importance of effort and personal development over winning.
- Develop a supportive and appropriate relationship with athletes, fostering mutual trust and respect.
- Only contact athletes under the age of 18 outside of sessions with the explicit approval of the head coach or welfare officer in liaison with parents/guardians.
- Encourage fair play, sportsmanship, and a positive attitude towards athletics.
- Maintain the strictest confidentiality with sensitive, personal and private information about members of LAA. Including but exclusive to medical data, contact information, ages, and athlete behaviour.

I understand that if I do not follow the code, I may be in breach of the terms and conditions of my UKA licence and could be subject to disciplinary action by my club, Home Country Athletics Federation and/ or UKA.